

PROGRAM

ELBOW ARTHROSCOPY COURSE

JUNE 1, 2025



An IRCAD-IWC Course
Organized by APWA, Endorsed by IWAS

With the support of:

Taiwan Society for Surgery of the Hand
Taiwan Shoulder and Elbow Society
Taiwan Arthroscopy and Knee Society



COURSE SUPERVISORS

Christophe MATHOULIN (France)

COURSE DIRECTORS

Margaret Woon Man FOK (Hong Kong)

Gregory Ian BAIN (Australia)

INVITED FACULTY

- | | |
|-----------------------------------|---------------------------------|
| Gregory Ian BAIN (Australia) | Shiro YOSHIDA (Japan) |
| Mark ROSS (Australia) | Kun-Hui CHEN (Taiwan) |
| Margaret Woon Man FOK (Hong Kong) | Wei-Jen CHEN (Taiwan) |
| Michael MAK (Hong Kong) | Jui-Tien SHIH (Taiwan) |
| Toshiyasu NAKAMURA (Japan) | Chanlalit CHOWLAWISH (Thailand) |
| Kazunari TOMITA (Japan) | |

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TAIWAN



Arthroscopy Course

May 30 - 31, 2025 Wrist June 1, 2025 Elbow

Course Directors:

M. FOK, G. BAIN, W.J. CHEN

Special Scientific Advisor:

T. NAKAMURA, P.C. HO, J.T. SHIH

Course Supervisors:

C. MATHOULIN, J.R. HAUGSTVEDT

Ultrasound-Guided Upper Limb Surgery Workshop

November 1 - 2, 2025



Course Directors:

O. MARES, H.C. CHEN

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TAIWAN

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CHANG BING SHOW CHWAN MEMORIAL HOSPITAL, NO. 6, LUGONG RD., LUKANG TOWNSHIP,
CHANGHUA COUNTY, 505, TAIWAN

This program is subject to modification.

REGISTRATION INFORMATION

WRIST ARTHROSCOPY COURSE (May 30-31, 2025)

- Cadaver Lab Original Price ----- NTD 72,000 / USD 2,325
 - Early Bird Discount 10% OFF (before April 15, 2025)* ----- NTD 64,800 / USD 2,090
- Registration Link: <https://www.ircadtaiwan.com/en-us/course.php?act=view&no=274>

ELBOW ARTHROSCOPY COURSE (June 1, 2025)

- Cadaver Lab Original Price ----- NTD 36,000 / USD 1,165
 - Early Bird Discount 10% OFF (before April 15, 2025)* ----- NTD 32,400 / USD 1,045
- Registration Link: <https://www.ircadtaiwan.com/en-us/course.php?act=view&no=240>

ULTRASOUND-GUIDED UPPER LIMB SURGERY WORKSHOP (Nov 1-2, 2025)

- Cadaver Lab Original Price ----- NTD 60,000 / USD 1,940
 - Early Bird Discount 10% OFF (before September 17, 2025)* ----- NTD 54,000 / USD 1,745
- Registration Link: <https://www.ircadtaiwan.com/en-us/course.php?act=view&no=251>

Register for 2 or more courses to receive 15% OFF:

- Wrist + Elbow Combo Discount 15% OFF: NTD 91,800 / USD 2,965**

ACCOMMODATION (*not included in registration fee*)

鹿港永樂酒店 Lukang Union House

(3-star-boutique hotel, 15 mins shuttlebus ride to IRCAD-Taiwan included)

Address: No. 152, Sanmin Road, Lukang Township, Changhua County, 505

Tel: +886-4-776-2999

Website: <https://www.unionhouse.com.tw/index.php>

Google Map: <https://goo.gl/maps/xVGxf1XecPLAd4z4A>

- Single/Double King Bedroom: 1 King Size Bed / 2 Breakfast Included**
Weekday NTD 3,300 / Per Night | Weekend NTD 4,300 / Per Night

秀傳樂活紓壓俱樂部 Show Chwan Lohas Relaxing Club

(Show Chwan's Private Inn, 5 mins walking distance from IRCAD-Taiwan)

Address: 2F, No. 6-2, Lugong Road, Lukang Township, Changhua County, 505 (Mental Health Building, Chang Bing Show Chwan Memorial Hospital)

Tel: +886-4-781-1163

Website: <https://www.facebook.com/lukanglohas>

Google Map: <https://maps.app.goo.gl/9JDCZZjYwPuC4g1M7>

- Single King Bedroom: 1 King Size Bed / 1 Breakfast Included - NTD 2,200 / Per Night**

For questions, please contact:

Sara Lin

Course Coordinator, IRCAD-Taiwan

Email: sara.lin@ircadtaiwan.com.tw

Whatsapp: +886-0937-929-310

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Day 1 - Sunday, June 1, 2025

07.40 am Faculty & Participant Shuttlebus from Hotel to IRCAD-Taiwan

08.00 am Registration & Take Photo for Course Booklet

THEORETICAL SESSION 1 – 1F Auditorium

08.20 am	Opening & Introduction	W. HUANG, G. BAIN, M. FOK Chairmen:
08.30-09.30	<u>Theoretical Session 1: Getting Started with Elbow Arthroscopy</u>	
	✚ Indications for elbow arthroscopy (10 min)	M. ROSS
	✚ Set up and Portals in elbow arthroscopy (10 min)	S. YOSHIDA
	✚ Arthroscopic elbow exploration: step-by-step to make it easy and safe (10 min)	K. TOMITA
	✚ Lateral epicondylitis, plica (10 min)	T. NAKAMURA
	✚ DISCUSSION (15 min)	Moderator: All faculties
	✚ Group Photo (1F Cafeteria)	

PRACTICAL SESSION 1 – 3F Laboratory

09.30-11.30 Hands-On Session on Cadaver: Two participant per station

<u>Practical Session 1:</u>	All faculties
✚ Diagnostic anterior arthroscopy	
✚ Diagnostic posterior arthroscopy	
✚ Lateral epicondyle release	

THEORETICAL SESSION 2 – 1F Auditorium

Chairmen:

11.30-12.30	<u>Theoretical Session 2: Therapeutic Elbow Arthroscopy</u>	
	✚ Arthroscopic capsular release, osteophyte resection and olecranon fossa fenestration: tips and tricks (10 min)	G. BAIN
	✚ Arthroscopic stabilization of Lateral elbow instability (10 min)	M. MAK
	✚ Arthroscopic management of elbow fractures (Radial head, Coronoid process, Distal humeral fractures (10 min)	C. CHOWLAWISH
	✚ Endoscopic surgery -Release of the ulnar nerve, biceps endoscopy (10 min)	M. FOK
	✚ DISCUSSION (15 min)	Moderator: All faculties

12.30-13.30 Lunch (1F Cafeteria)

PRACTICAL SESSION 2 (Option C: Cadaver) – 3F Laboratory

13.30-17.30 Hands-On Session on Cadaver: Two participant per station

Practical Session: Stiff Elbow

- ✚ Arthroscopic capsular release
 - ✚ Osteophyte resection and olecranon fossa fenestration
- All faculties

Practical Session: Unstable Elbow

- ✚ Arthroscopic lateral ligament plication
- ✚ Valgus extension overload debridement
- ✚ Elbow fractures

Practical Session: Elbow Endoscopy

17.30 pm End of the course
Evaluation of the day
Delivery of certificate of attendance

17.45 pm Participant & Faculty Shuttlebus from IRCAD-Taiwan to Taichung HSR Station

ASIA IRCAD – TAIWAN

ELBOW ARTHROSCOPY COURSE

JUNE 1, 2025

交通車時刻表 Shuttlebus Time Schedule	
出發時間 Departure Time	路線 Route
Day 1: June 1 (星期日 Sunday)	
07.00	高鐵台中站 → 彰濱秀傳微創手術中心 Taichung HSR Station → IRCAD-Taiwan
07.40	鹿港永樂酒店 → 彰濱秀傳微創手術中心 Union House Lukang → IRCAD-Taiwan
17.45	彰濱秀傳微創手術中心 → 鹿港永樂酒店 → 高鐵台中站 IRCAD-Taiwan → Union House Lukang → Taichung HSR Station

*如需放置行李，櫃台後方設有行李間，請當日退房後帶至中心。

Luggage storage is available at IRCAD-Taiwan. You may bring your luggage to IRCAD after check-out.

* 自行開車者，可將車輛停放於醫院內停車格，於課程結束後至櫃檯領取免費停車卷。

Parking lot is available next to IRCAD-Taiwan, please kindly collect parking ticket from our front desk.

* 需要計程車接送者，請提前告知我們工作人員，方便為您安排。

If taxi is needed, please let us know ahead of time.

Hotel Information	鹿港永樂酒店 UNION HOUSE Lukang
Address	505 彰化縣鹿港鎮三民路 152 號 No. 152, Sanmin Road, Lukang Township, Changhua County, 505
Tel	+886-4-776-2999
Hotel Information	樂活紓壓俱樂部 LOHAS RELAXING CLUB Lukang
Address	505 彰化縣鹿港鎮鹿工路 6 號 (彰濱秀傳心理健康大樓 2F) 2F, No. 6-2, Lugong Road, Lukang Township, Changhua County, 505 (Chang Bing Show Chwan Memorial Hospital, Mental Health Building 2F)
Tel	+886-4-781-1163

彰濱秀傳醫療園區地圖 Map of Chang Bing Show Chwan Health Park



Local Dining Options	
LeeLi's	Taiwanese-Western Fusion Bistro
海味珍海鮮餐廳	Hai Wei Zhen Seafood
木生海鮮會館	Mu Sheng Seafood
王罔麵線糊	Wang Wang Noodle
永香民俗小吃	Yong Xiang Taiwan Snack
掬翠拾煙蔬食創作料理 (素)	Ju Cui Shi Yan (Vegetarian)
勝豐吧	Sheng Feng Bar

Course Manager	柯宜汝 Sara 0937-929-310
Location	彰濱秀傳亞洲遠距微創手術中心 IRCAD-Taiwan (Asian Institute of TeleSurgery)
Address	505 彰化縣鹿港鎮鹿工路 6-1 號 No. 6-1, Lugong Rd., Lukang Township, Changhua County, 505
Tel	+886-4-781-2988

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