

PROGRAM

ULTRASOUND-GUIDED UPPER LIMB SURGERY WORKSHOP

NOVEMBER 1 - 2, 2025



COURSE DIRECTORS

Olivier MARES
(France)

陳信銓 Hsin-Chuan CHEN
(Taiwan)

INVITED INTERNATIONAL FACULTY

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Ultrasound-Guided Upper Limb Surgery Workshop

November 1 - 2, 2025



Course Directors:
O. MARES, H.C. CHEN

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CHANG BING SHOW CHWAN MEMORIAL HOSPITAL, NO. 6, LUGONG RD., LUKANG TOWNSHIP,
CHANGHUA COUNTY, 505, TAIWAN

REGISTRATION INFORMATION

ULTRASOUND-GUIDED UPPER LIMB SURGERY WORKSHOP (Nov 1-2, 2025)

- ☐ Cadaver Lab Original Price ----- NTD 60,000 / USD 1,940
- ☐ Early Bird Discount 10% OFF (before September 17, 2025) ----- NTD 54,000 / USD 1,745

Registration Link: <https://www.ircadtaiwan.com/en-us/course.php?act=view&no=251>

ACCOMMODATION (*not included in registration fee*)

鹿港永樂酒店 Lukang Union House

(3-star-boutique hotel, 15 mins shuttlebus ride to IRCAD-Taiwan included)

Address: No. 152, Sanmin Road, Lukang Township, Changhua County, 505

Tel: +886-4-776-2999

Website: <https://www.unionhouse.com.tw/index.php>

Google Map: <https://goo.gl/maps/xVGxf1XecPLAd4z4A>

- ☐ **Single/Double King Bedroom: 1 King Size Bed / 2 Breakfast Included**
Weekday NTD 3,300 / Per Night | Weekend NTD 4,300 / Per Night

秀傳樂活紓壓俱樂部 Show Chwan Lohas Relaxing Club

(Show Chwan's Private Inn, 5 mins walking distance from IRCAD-Taiwan)

Address: 2F, No. 6-2, Lugong Road, Lukang Township, Changhua County, 505 (Mental Health Building,
Chang Bing Show Chwan Memorial Hospital)

Tel: +886-4-781-1163

Website: <https://www.facebook.com/lukanglohas>

Google Map: <https://maps.app.goo.gl/9JDCZZjYwPuC4g1M7>

This program is subject to modification.

☐ **Single King Bedroom: 1 King Size Bed / 1 Breakfast Included - NTD 2,200 / Per Night**

For questions, please contact:

Sara Lin

Course Coordinator, IRCAD-Taiwan

Email: sara.lin@ircadtaiwan.com.tw

Whatsapp: +886-0937-929-310

Day 1 - Saturday, November 1, 2025

08.00 am Faculty & Participant Shuttlebus from Hotel to IRCAD-Taiwan

08.20 am Registration & Take Photo for Course Booklet

THEORETICAL SESSION 1 – 1F Auditorium

08.35 am Welcoming of Participants

O. MARES, H.C. CHEN

Use And Settings of the Ultrasound Machine

Chairmen:

08.45-09.45 **Lecture 1: Use & settings of the ultrasound machine**

✚	Introduction to the course, presentation	O. MARES
✚	Ultrasound introduction	O. MARES
✚	How to start ultrasound surgery (8 mins)	A. CERLIER
✚	Anatomical landmarks in ultrasound, radiological anatomy correspondence (10 mins)	H. HASEGAWA
✚	Pathological Finding in ultrasound (10 mins)	Y. NAKANISHI
✚	Infiltration under ultrasound (8 mins)	J. FERREIRA
✚	What device should I use (8 mins)	J. FERREIRA

09.45-10.00 Group Photo & Coffee Break (1F Cafeteria)

PRACTICAL SESSION 1 – 3F Laboratory

Standard Exploration of Anatomical Structures and Main Landmarks 1of The Hand, Wrist, And Elbow

10.00-12.45 **Hands-On Session 1: Standard exploration of anatomical structures and main landmarks of the hand, wrist, and elbow**

✚	The epicondyle	All Faculties
✚	The ulnar nerve at the elbow	
✚	The lacertus	
✚	The slide of the short extensor / long abductor of the thumb	
✚	The distal radius and the distal radio ulnar (DRU) joint	
✚	The carpal tunnel	
✚	The digital tunnel	

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12.45-13.45 Lunch (1F Cafeteria)

THEORETICAL SESSION 2 – 1F Auditorium

The Hand

Chairmen:

13.45-14.45 **Lecture 2: The hand**

-  Carpal tunnel:
 - Retrograde technique (7 min)
 - Anterograde technique (7 min)
 - The long finger trigger finger (10 min)
 - The thumb trigger finger (10 min)

O. MARES
A. CERLIER
A. CERLIER
J. FERREIRA

-  Japanese technique
 - The long finger trigger finger (10 min)
 - The thumb trigger finger (10 min)

Y. NAKANISHI
H. HASEGAWA

14.45-15.00 Coffee Break (1F Cafeteria)

PRACTICAL SESSION 2 – 3F Laboratory

Technical Gestures Under Ultrasound

15.00-18.15 **Hands-On Session on Cadaver: Technical gestures under ultrasound**

-  Release of flexor tendons, opening A1 pulley
-  Release of flexor pollicis longus
-  Division of the flexor retinaculum:
 - Retrograde technique
 - Anterograde technique
 - Alternative technique

All Faculties

18.15 pm End of session

18.30 pm Faculty & Participant Shuttlebus from IRCAD-Taiwan to Congress Dinner

18.45 pm Congress Dinner

Day 2 - Sunday, November 2, 2025

08.00 am Faculty & Participant Shuttlebus from Hotel to IRCAD-Taiwan

THEORETICAL SESSION 3 – 1F Auditorium

Wrist & Elbow

Chairmen:

08.30-09.35 Lecture 3: Wrist & Elbow

	Ulnar nerve without transposition (8 min)	O. MARES
	Lacertus:	
	■ Anterograde technique (7 min)	A. CERLIER
	■ Retrograde technique (7 min)	O. MARES
	De Quervain tendinitis (8 min)	J. FERREIRA
	Epicondylitis (8 min)	A. CERLIER
	Epicondylitis	H. HASEGAWA
	Medial and lateral epicondylitis	O. MARES
	Compartment syndrome (8 min)	O. MARES

09.35-10.00 Coffee Break (1F Cafeteria)

PRACTICAL SESSION 3 – 3F Laboratory

Technical Gestures Under Ultrasound

10.00-13.45 Hands-On Session on Cadaver: Technical gestures under ultrasound

	Release of ulnar nerve	All faculties
	Release of median nerve at the elbow	
	Division of ECRB	
	Release of APB and EB	
	Epicondylitis	

13.45-14.45 Lunch (1F Cafeteria)

THEORETICAL SESSION 4– 1F Auditorium

The Contribution of Ultrasound to My Office

14.45-15.30 Lecture 4: The contribution of ultrasound to my office

	My office surgery practice: debate (45 min)	O. MARES / A. CERLIER
	Complications and learning curve	O. MARES / J. FERREIRA
	New techniques and future developments	

This program is subject to modification.

15.30 pm End of the course
Evaluation of the day
Delivery of certificate of attendance

15.45 pm Participant & Faculty Shuttlebus from IRCAD-Taiwan to Taichung HSR Station

ASIA IRCAD – TAIWAN ULTRASOUND-GUIDED UPPER LIMB SURGERY WORKSHOP NOVEMBER 1 - 2, 2025

交通車時刻表 Shuttlebus Time Schedule	
出發時間 Departure Time	路線 Route
Day 1: November 1 (星期六 Saturday)	
08.00	鹿港永樂酒店 → 彰濱秀傳微創手術中心 Union House Lukang → IRCAD-Taiwan
18.30	彰濱秀傳微創手術中心 → 大會晚宴 / 鹿港永樂酒店 IRCAD-Taiwan → Congress Dinner / Union House Lukang
21.00	大會晚宴 → 樂活紓壓俱樂部 Congress Dinner → Lohas Relaxing Club Lukang
Day 2: November 2 (星期日 Sunday)	
08.00	鹿港永樂酒店 → 彰濱秀傳微創手術中心 Union House Lukang → IRCAD-Taiwan
15.45	彰濱秀傳微創手術中心 → 鹿港永樂酒店 → 高鐵台中站 IRCAD-Taiwan → Union House Lukang → Taichung HSR Station

*如需放置行李，櫃台後方設有行李間，請當日退房後帶至中心。

Luggage storage is available at IRCAD-Taiwan. You may bring your luggage to IRCAD after check-out.

* 自行開車者，可將車輛停放於醫院內停車格，於課程結束後至櫃檯領取免費停車卷。

Parking lot is available next to IRCAD-Taiwan, please kindly collect parking ticket from our front desk.

* 需要計程車接送者，請提前告知我們工作人員，方便為您安排。If taxi is needed, please let us know ahead of time.

Hotel Information	鹿港永樂酒店 UNION HOUSE Lukang
Address	505 彰化縣鹿港鎮三民路 152 號 No. 152, Sanmin Road, Lukang Township, Changhua County, 505
Tel	+886-4-776-2999
Hotel Information	樂活紓壓俱樂部 LOHAS RELAXING CLUB Lukang
Address	505 彰化縣鹿港鎮鹿工路 6 號 (彰濱秀傳心理健康大樓 2F) 2F, No. 6-2, Lugong Road, Lukang Township, Changhua County, 505 (Chang Bing Show Chwan Memorial Hospital, Mental Health Building 2F)
Tel	+886-4-781-1163

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彰濱秀傳醫療園區地圖 Map of Chang Bing Show Chwan Health Park



Local Dining Options	
LeeLi's	Taiwanese-Western Fusion Bistro
海味珍海鮮餐廳	Hai Wei Zhen Seafood
水生海鮮會館	Mu Sheng Seafood
王罔麵線糊	Wang Wang Noodle
永香民俗小吃	Yong Xiang Taiwan Snack
掬翠拾煙蔬食創作料理 (素)	Ju Cui Shi Yan (Vegetarian)
勝豐吧	Sheng Feng Bar

Course Manager	柯宜汝 Sara 0937-929-310
Location	彰濱秀傳亞洲遠距微創手術中心 IRCAD-Taiwan (Asian Institute of TeleSurgery)
Address	505 彰化縣鹿港鎮鹿工路 6-1 號 No. 6-1, Lugong Rd., Lukang Township, Changhua County, 505
Tel	+886-4-781-2988

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