

# PROGRAM

## WRIST ARTHROSCOPY COURSE

MAY 28 - 29, 2026



An IRCAD-IWC Course

Organized by APWA, Endorsed by IWAS

Taiwan Society for Surgery of the Hand



### COURSE SUPERVISORS

**Christophe MATHOULIN**  
(France)

**Jan Ragnar HAUGSTVEDT**  
(Norway)

### SPECIAL SCIENTIFIC ADVISOR

**Toshiyasu NAKAMURA**  
(Japan)

**Pak Cheong HO**  
(Hong Kong)

**Jui-Tien SHIH**  
(Taiwan)

### COURSE DIRECTORS

**Margaret Woon Man FOK**  
(Hong Kong)

**Wei-Jen CHEN**  
(Taiwan)

### INVITED FACULTY

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- |                                   |                                  |
|-----------------------------------|----------------------------------|
| Gregory Ian BAIN (Australia)      | Jan Ragnar HAUGSTVEDT (Norway)   |
| Mark ROSS (Australia)             | Young Keun LEE (South Korea)     |
| Pak Cheong HO (Hong Kong)         | Andrew Yuan Hui CHIN (Singapore) |
| Wing Lim TSE (Kong Kong)          | Wei-Jen CHEN (Taiwan)            |
| Margaret Woon Man FOK (Hong Kong) | Yi-Chao HUANG (Taiwan)           |
| Toshiyasu NAKAMURA (Japan)        | Jui-Tien SHIH (Taiwan)           |
| Kazunari TOMITA (Japan)           | Jung-Pan WANG (Taiwan)           |
| Shiro YOSHIDA (Japan)             | Chin-Hsien WU (Taiwan)           |
| Simon MACLEAN (New Zealand)       | Chen-Yuan YANG (Taiwan)          |

## OBJECTIVES

- ✚ Deepen knowledge of wrist anatomy including the SL and TFCC and its management in the presence of injuries
- ✚ Identify advanced clinical indications for wrist arthroscopy including complex ligament injuries and scaphoid non-union
- ✚ Master advanced arthroscopic techniques in ligament and TFCC reconstruction, scaphoid non-union and limited carpal fusion
- ✚ Engage in hands-on practice using cadaveric models to enhance technical skills and confidence in advanced wrist arthroscopy

## Day 1 - Thursday, May 28, 2026

08.20 am Faculty & Participant Shuttlebus from Hotel to IRCAD-Taiwan

08.40 am Registration & Take Photo for Course Booklet

### THEORETICAL SESSION 1 – 1F Auditorium

09.00 am **Opening & Introduction** G. BAIN, M. FOK, W.J. CHEN

#### **Lecture 1: TFCC**

09.10-09.20	✚ Assessment of TFCC using radiocarpal portal and DRUJ portal (10 min)	K. TOMITA
09.20-09.30	✚ TFCC foveal repair (10 min)	T. NAKAMURA
09.30-09.40	✚ TFCC augmentation (10 min)	S. YOSHIDA
09.40-09.50	✚ TFCC reconstruction (10 min)	J.R. HAUGSTVEDT
09.50-10.05	✚ DISCUSSION (15 min)	All faculties

10.10-10.40 Coffee Break (1F Cafeteria)

### PRACTICAL SESSION 1 – 3F Laboratory

10.40-12.40 Hands-On Session on Cadaver: Two participant per station  
 ✚ TFCC issues – from capsular repair, foveal repair to reconstruction All faculties

12.40-13.30 Lunch (1F Cafeteria)

### THEORETICAL SESSION 2 – 1F Auditorium

#### **Lecture 2: Carpal Instability**

13.30-13.40	✚ Assessment of SL instability (10 min)	M. FOK
13.40-13.50	✚ SL repair (10 min)	G. BAIN
13.50-14.00	✚ SL reconstruction (10 min) – internal brace	A. CHIN
14.00-14.10	✚ Ligament specific reconstruction for SL instability (10 min)	M. ROSS
14.10-14.25	✚ DISCUSSION (15 min)	All faculties

14.30-15.00 Coffee Break (1F Cafeteria)

## PRACTICAL SESSION 2 – 3F Laboratory

15.00-17.00	Hands-On Session on Cadaver: Two participant per station ✚ SL issues: SL repair, ARPP, reconstruction	All faculties
17.00 pm	End of session	
17.15 pm	Faculty & Participant Shuttlebus from IRCAD-Taiwan to Congress Dinner	
17.45 pm	Congress Dinner	

## Day 2 - Friday, May 29, 2026

08.30 am Faculty & Participant Shuttlebus from Hotel to IRCAD-Taiwan

## THEORETICAL SESSION 3 – 1F Auditorium

### Lecture 3: Scaphoid fracture / SLAC / SNAC

09.00-09.10	✚ Scaphoid fracture (10 min)	W.J. CHEN
09.10-09.20	✚ Arthroscopic bone graft for Scaphoid non-union (10 min)	P.C. HO
09.20-09.30	✚ Kienbock disease (10 min)	G. BAIN
09.30-09.40	✚ Management of late stages of SLAC and SNAC (10 min)	Y.K. LEE
09.40-09.55	✚ DISCUSSION (15 min)	All faculties
10.00-10.30	Group Photo & Coffee Break (1F Cafeteria)	

## PRACTICAL SESSION 3 – 3F Laboratory

10.30-12.30	Hands-On Session on Cadaver: Two participant per station ✚ ARIF for Scaphoid fracture, ABG, Limited carpal fusion	All faculties
12.30-13.30	Lunch (1F Cafeteria)	

## THEORETICAL SESSION 4– 1F Auditorium

### Lecture 4: Thumb CMC and STT, PT

13.30-13.40	✚ Arthroscopic management of CMCJ arthritis (10 min)	J.T. SHIH
13.40-13.50	✚ STT arthritis arthroscopic options (10 min)	W.L. TSE
13.50-14.00	✚ Arthroscopic wafar procedure (10 min)	S. MACLEAN
14.00-14.10	✚ Arthroscopic-Assisted Reduction of Intra-Articular Distal Radius Fracture (10 min)	C.Y. YANG
14.10-14.25	✚ DISCUSSION (15 min)	All faculties
14.30-15.00	Coffee Break (1F Cafeteria)	

## PRACTICAL SESSION 4 – 3F Laboratory

15.00-17.00	Hands-On Session on Cadaver: Two participant per station ✚ CMCJ arthroscopy, STT arthroscopy, PT joint arthroscopy	All faculties
17.00 pm	End of the course Evaluation of the day Delivery of certificate of attendance	
17.15 pm	Participant & Faculty Shuttlebus from IRCAD-Taiwan to Lugang Union House & Taichung HSR Station	

## ASIA IRCAD – TAIWAN WRIST ARTHROSCOPY COURSE MAY 28 - 29, 2026

交通車時刻表 Shuttlebus Time Schedule	
出發時間 Departure Time	路線 Route
<b>Day 1: May 28 (星期四 Thursday)</b>	
<b>08.20</b>	鹿港永樂酒店 → 彰濱秀傳微創手術中心 Union House Lukang → IRCAD-Taiwan
<b>17.15</b>	彰濱秀傳微創手術中心 → 大會晚宴 IRCAD-Taiwan → Congress Dinner
<b>20.00</b>	大會晚宴 → 鹿港永樂酒店 → 樂活紓壓俱樂部 Congress Dinner → Union House Lukang → Lohas Relaxing Club Lukang
<b>Day 2: May 29 (星期五 Friday)</b>	
<b>08.30</b>	鹿港永樂酒店 → 彰濱秀傳微創手術中心 Union House Lukang → IRCAD-Taiwan
<b>17.15</b>	彰濱秀傳微創手術中心 → 鹿港永樂酒店 → 高鐵台中站 IRCAD-Taiwan → Union House Lukang → Taichung HSR Station  高鐵接駁車將從 IRCAD 直接出發，請您於早上退房後，將行李一併帶至 IRCAD 報到。 <i>*The HSR shuttle will depart directly from IRCAD-Taiwan. Please check out of your hotel in the morning and bring your luggage with you to IRCAD.</i>

 行李寄放：退房後請將行李帶至 IRCAD，櫃台後方備有行李間。

Luggage: After check-out, please bring your luggage to IRCAD. A storage area is available behind the front desk.

 停車：可停放於醫院停車格，課程結束後至 IRCAD 櫃台領取免費停車券。

Parking: Park in the hospital lot and get a free parking voucher at the IRCAD front desk after the course.

 計程車：若需叫車，請提前告知工作人員協助安排。

Taxi: Let our staff know in advance if you need a taxi, and we'll assist with booking.

Hotel Information	<a href="#">鹿港永樂酒店</a> UNION HOUSE Lukang
Address	505 彰化縣鹿港鎮三民路 152 號 No. 152, Sanmin Road, Lukang Township, Changhua County, 505

This program is subject to modification.

Tel	+886-4-776-2999
Hotel Information	<a href="#">樂活紓壓俱樂部</a> LOHAS RELAXING CLUB Lukang
Address	505 彰化縣鹿港鎮鹿工路 6 號 (彰濱秀傳心理健康大樓 2F) 2F, No. 6-2, Lugong Road, Lukang Township, Changhua County, 505 (Chang Bing Show Chwan Memorial Hospital, Mental Health Building 2F)
Tel	+886-4-781-1163

## 彰濱秀傳醫療園區地圖 Map of Chang Bing Show Chwan Health Park



Local Dining Options	
<a href="#">LeeLi's</a>	Taiwanese-Western Fusion Bistro
<a href="#">海味珍海鮮餐廳</a>	Hai Wei Zhen Seafood
<a href="#">木生海鮮會館</a>	Mu Sheng Seafood
<a href="#">王罔麵線糊</a>	Wang Wang Noodle
<a href="#">永香民俗小吃</a>	Yong Xiang Taiwan Snack
<a href="#">掬翠拾煙蔬食創作料理 (素)</a>	Ju Cui Shi Yan (Vegetarian)
<a href="#">勝豐吧</a>	Sheng Feng Bar

Course Manager	柯宜汝 Sara 0937-929-310
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Location	<a href="#">彰濱秀傳亞洲遠距微創手術中心</a> IRCAD-Taiwan (Asian Institute of TeleSurgery)
Address	505 彰化縣鹿港鎮鹿工路 6-1 號 No. 6-1, Lugong Rd., Lukang Township, Changhua County, 505
Tel	+886-4-781-2988