

WRIST ARTHROSCOPY COURSE

2027 06.24 – 2027 06.25

2027

INVITED FACULTIES

- Jan Ragnar HAUGSTVEDT (NO)
- Toshiyasu NAKAMURA (JP)
- Pak Cheong HO (HK)
- Margaret Woon Man FOK (HK)
- Jui-Tien SHIH (TW)
- Wei-Jen CHEN (TW)

9:00 am ◦ **OPENING & INTRODUCTION**

9:10 am • **THEORETICAL SESSION 1**

Lecture 1: TFCC

- Assessment of TFCC using radiocarpal portal and DRUJ portal
- TFCC foveal repair
- TFCC augmentation
- TFCC reconstruction
- DISCUSSION

10:10 am ◦ **COFFEE BREAK**

10:40 am • **PRACTICAL SESSION 1**

Hands-On Session on Cadaver:
Two participant per station

- TFCC issues – from capsular repair, foveal repair to reconstruction

12:30 pm ◦ **LUNCH**

1:30 pm • **THEORETICAL SESSION 2**

Lecture 2: Carpal Instability

- Assessment of SL instability
- SL repair
- SL reconstruction – internal brace
- Ligament specific reconstruction for SL instability
- DISCUSSION

2:30 pm ◦ **COFFEE BREAK**

3:00 pm • **PRACTICAL SESSION 2**

Hands-On Session on Cadaver:
Two participant per station

- SL issues: SL repair, ARPP, reconstruction

5:00 pm ◦ **END OF SESSION**

5:45 pm • **Congress Dinner**

9:00 am • **THEORETICAL SESSION 3**
Lecture 3: Scaphoid fracture / SLAC / SNAC
- Scaphoid fracture
- Arthroscopic bone graft for Scaphoid non-union
- Kienbock disease
- Management of late stages of SLAC and SNAC
- DISCUSSION

10:10 am ◦ **GROUP PHOTO & COFFEE BREAK**

10:40 am • **PRACTICAL SESSION 3**
Hands-On Session on Cadaver: Two participant per station
- ARIF for Scaphoid fracture, ABG, Limited carpal fusion

12:40 pm ◦ **LUNCH**

1:30 pm • **THEORETICAL SESSION 4**
Lecture 4: Thumb CMC and STT, PT
- Arthroscopic management of CMCJ arthritis
- STT arthritis arthroscopic options
- Arthroscopic wafar procedure
- Arthroscopic - Assisted Reduction of Intra-Articular Distal Radius Fracture

2:30 pm ◦ **LUNCH**

3:00 pm • **EXPERIMENTAL LABORATORY**
Hands-On Session on Cadaver: Two participant per station
- CMCJ arthroscopy, STT arthroscopy, PT joint arthroscopy

5:00 pm ◦ **END OF SESSION**

This program may be subject to modifications



WRIST ARTHROSCOPY COURSE

REGISTER

https://linktr.ee/ircadtaiwan

OPTIONS A/B

A: LECTURES ONLY
B: CADAVER LAB

OBJECTIVES

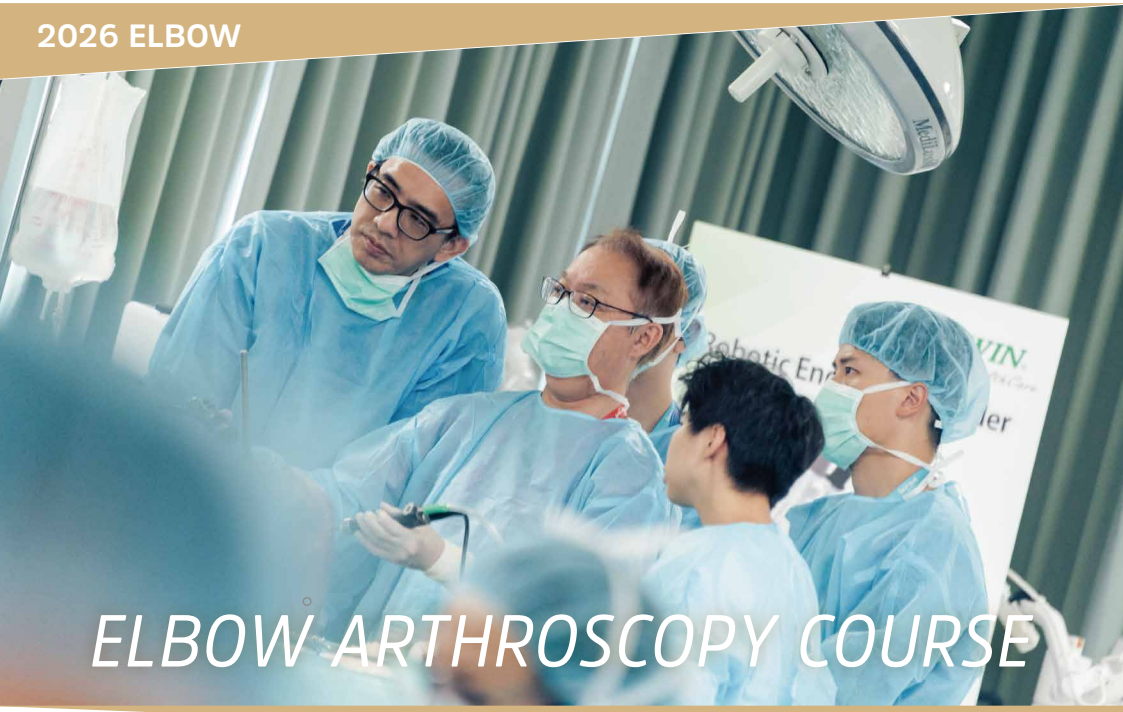
- Deepen knowledge of wrist anatomy including the SL and TFCC and its management in the presence of injuries
- Identify advanced clinical indications for wrist arthroscopy including complex ligament injuries and scaphoid non-union
- Master advanced arthroscopic techniques in ligament and TFCC reconstruction, scaphoid non-union and limited carpal fusion
- Engage in hands-on practice using cadaveric models to enhance technical skills and confidence in advanced wrist arthroscopy

METHODS

- Interactive theoretical and video sessions between faculty and course participants

For any questions, please feel free to contact us | Email: register@ircadtaiwan.com.tw

2026 ELBOW



ELBOW ARTHROSCOPY COURSE

REGISTER

https://linktr.ee/ircadtaiwan

OPTIONS A/B

A: LECTURES ONLY
B: CADAVER LAB

OBJECTIVES

- Learn how to perform elbow arthroscopy in a safe and effective manner
- Highlight essential arthroscopic surgical techniques specific to the elbow
- Recognize the common clinical indications for performing elbow arthroscopy
- Identify potential complications and limitations associated with elbow arthroscopy and understand strategies for prevention and management
- To provide hands on sessions for participants for practice

METHODS

- Interactive theoretical and video sessions between faculty and course participants

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8:30 am ◦ **OPENING & INTRODUCTION**

8:40 am • **THEORETICAL SESSION 1**

Lecture 1: GETTING STARTED WITH ELBOW ARTHROSCOPY

- Instruments, Set up and Portals in Elbow Arthroscopy
- Arthroscopic Elbow Exploration: Step-By-Step To Make It Easy and Safe
- Complications Of Elbow Arthroscopy

9:30 am • **PRACTICAL SESSION 1**

Hands-On Session on Cadaver: Two participant per station

- Diagnostic anterior arthroscopy
- Diagnostic posterior arthroscopy
- Loose bodies removal

11:00 am ◦ **COFFEE BREAK**

11:30 am • Hands-On Session on Cadaver: Two participant per station

12:45 pm ◦ **LUNCH**

1:45 pm • **THEORETICAL SESSION 2**

Lecture 2: OVERUSE SYNDROME AND STIFFNESS

- Lateral epicondylitis / Plica
- Aetiology of elbow stiffness – treatment of non-arthritis post-atraumatic elbow stiffness: arthroscopic or open
- Arthroscopic arthrolysis for stiffness of the elbow – indication and techniques
- Arthroscopic debridement for osteoarthritis of the elbow

3:00 pm • **PRACTICAL SESSION 2**

Hands-On Session on Cadaver: Two participant per station

Elbow Release:

- Lateral epicondylitis
- Plica removal
- Arthroscopic capsular release
- Elbow arthrolysis, osteophyte resection and olecranon fossa fenestration

5:55 pm ◦ **END OF SESSION**

6:40 pm • **Congress Dinner**

9:00 am • **THEORETICAL SESSION 3**
Lecture 3: ELBOW INSTABLITY
- Arthroscopic stabilization of Lateral elbow instability
- Open treatment for lateral elbow instability
- Arthroscopic management of elbow fractures Radial head, Coronoid process, Distal humeral fractures

10:40 am • **PRACTICAL SESSION 3**
Hands-On Session on Cadaver: Two participant per station
Elbow Release:
- Arthroscopic lateral ligament plication
- Valgus extension overload debridement
- Elbow fractures – radial head fractures, Coronoid fixation

10:45 pm ◦ **COFFEE BREAK**

11:15 am • Hands-On Session on Cadaver: Two participant per station

12:30 pm • Optional: Lecture in lab - Endoscopic surgery - Release of the ulnar nerve, biceps endoscopy

1:15 pm ◦ **LUNCH**

1:15 pm ◦ **END OF SESSION**



This program may be subject to modifications



ELBOW ARTHROSCOPY COURSE

2027 06.26 – 2027 06.27

2027

INVITED FACULTIES

- Gregory Ian BAIN (AU)
- Mark ROSS (AU)
- Toshiyasu NAKAMURA (JP)
- Cholawish CHANLALIT (TH)
- Michael Chu Kay MAK (HK)
- Margaret Woon Man FOK (HK)